Start	Event	M	Phase	Heats	Gap	Time/Heat	Practice	Duration	Finish
hh:mm		W		Athletes	Trial Time	Trials	hh:mm	hh:mm	hh:mm
12:34	100m	M		1		00:01	00:05	00:01	12:35
12:38	Long Jump	W	R1, 2&3	6	01:15	12	00:30	00:15	12:53
12:56	100m	W		1		00:01	00:05	00:01	12:57
12:58	Long Jump	W	F	6	01:00	6	00:00	00:06	13:04
13:07	Javelin Throw	W	R1, 2&3	6	01:15	12	00:00	00:15	13:22
13:26	Mixed 4x400m			1		00:04	00:05	00:04	13:30
13:32	Javelin Throw	W	F	6	01:00	6	00:00	00:06	13:38
13:42	110m Hurdles	M		1		00:01	00:05	00:01	13:43
13:47	High Jump	M	R1 & R2	6	01:15	8	00:40	00:10	13:57
14:00	100m Hurdles	W		1		00:01	00:05	00:01	14:01
14:04	High Jump	M	R3 & F	6	01:15	10	00:00	00:12	14:16
14:20	The Hunt			1		00:04	00:05	00:04	14:24